

FOR MANY WITH SBS
WHO ARE DEPENDENT ON PS,
THEIR BODY HAS THEM

SHUT OUT FROM THE WORLD



Short bowel syndrome is a chronic, severe condition that can cause patients to experience debilitating physical, emotional, and social challenges.¹⁻⁴



PS=parenteral support; SBS=short bowel syndrome.

SBS IS A CHRONIC AND SEVERE CONDITION, CHARACTERIZED BY MALABSORPTION, AND MANY PATIENTS REQUIRE LONG-TERM PS^{1,2,5}

Patients with SBS suffer from irreparable GI damage and functional deficiency of the intestine primarily due to surgical resection^{2,6}



Many patients with SBS have had a large section of their small intestine removed. In some patients, the colon or large intestine may also be removed^{1,2,7}



Patients experience impaired intestinal absorption of macronutrients, micronutrients, electrolytes, and water⁸



Many patients require long-term PS to maintain energy, hydration, clinical status, and survival^{2,7}

According to an independent analysis, patients with SBS spend significant time receiving PS⁶



12.4 hours per day
(range: 9-18 hours)



6 days per week
(range: 3-7 days)

SBS management goals include⁹:

- Decreasing the severity of SBS symptoms
 - Minimizing complications associated with SBS
 - Reducing long-term PS dependency
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SBS MAY CAUSE PATIENTS TO EXPERIENCE PHYSICAL BURDENS, DIMINISHED SELF-ESTEEM, AND PSYCHOSOCIAL CHALLENGES^{1,3,4}

Patients with SBS live with debilitating physical burdens of their condition^{1,10,11}

- Abdominal pain
- Frequent bowel movements
- Stool incontinence
- Decreased energy levels

The isolation of SBS and its management may have a negative impact on patients' mental health¹⁰

Patients with SBS report a range of emotions associated with their condition¹⁰:

- **Shock** from initial diagnosis
- **Fear** and uncertainty about the future
- **Anxiety** over physical changes or medical interventions



Not a real patient.

Patients may be reluctant to engage in social activities or relationships due to embarrassment and concerns of stigma¹⁰

SBS can restrict the lives of those living with it, as some patients report^{4,6,10}:



Social withdrawal and isolation

87% of patients reported an impact on enjoyable activities



Concerns over intimacy

Patients reported challenges maintaining relationships

Patients may struggle to convey the extent of the impact of SBS on their daily lives¹⁰



I FIND EMOTIONAL WELL-BEING IN GOOD DAYS WHEN I CAN LEAVE THE HOUSE, ENGAGE IN ACTIVITIES, AND MAINTAIN AN ACTIVE LIFESTYLE, WHICH BRINGS ME JOY AMIDST THE CHALLENGES



– Carol, living with SBS and dependent on PS



Scan to learn more about the true patient experience

Ironwood Pharmaceuticals is a leading gastrointestinal (GI) healthcare company on a mission to advance the treatment of GI diseases and redefine the standard of care for GI patients.

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